

## **Dementia and Aged Care Services**

TVRS Aged Care Services provides respite options for people who are frail aged, people with dementia and their carers.

### Programs include:

- 'Cottage' centre-based day respite
- Evening centre-based & outings
- Small Group outings
- Challenging Behaviours
- 1:1 support
- Working Carers Program
- Carer Support Group
- Life Connections Carer Programs
- Care 4 U Holidays
- Bridge To Work Program
- Flexible Respite Options (FROC) program

**Interpreter service**

**131 450**

**Advocacy contact**

**1800 657 961**

**Disability and Aged Information Service**

**1800 800 340**

**Commonwealth Carer Respite Centre**

**1800 059 059**

**Contact Us:**

**P.O.Box 1411  
KINGSCLIFF  
NSW 2487**

**Phone: (02) 66 742 267**

**Fax: (02) 66 742 019**

**Email: [trespite@norex.com.au](mailto:trespite@norex.com.au)**

## **Dementia and Aged Care Services**

Responsive support to your changing needs.

**Tweed Valley Respite Service Inc.**

**Tweed Valley Respite Service Inc.**

**Ph: (02) 66 742 267**

## **Dementia and Aged Care Services**

Tweed Valley Respite Service Inc. is a non-profit organisation which has been providing a range of support programs to the Tweed community since 1987.

TVRS Aged Care Services aims to provide innovative, flexible, person centred respite options for frail aged, people with dementia and related disorders and their carers.

TVRS Aged Care Services offer a range of programs designed to promote self esteem through a holistic approach to service provision. The service provides support which is responsive to changing needs of our clients.

### **Programs include:**

#### **Cottage Program**

Centre based day respite programs conducted at the 'Cottage', a friendly home like environment.

#### **Evening Program**

Centre based & community participation programs conducted in the evenings.

#### **Small Group Programs**

Small groups participating within a community setting.

#### **Challenging Behaviour Program**

Individually designed programs for carers of people experiencing behaviours of concern.

#### **Working Carers Program**

Extended day care and individual assistance for working carers.

#### **Carer Support Group**

Meets monthly and provides support to carers. The meeting responds to the needs of carers.

### **Life Connections**

Educational, leisure activities & telephone group counselling all designed to support the carer in their caring role.

### **Care 4 U**

Dementia specific holiday program designed for the carer and the person they are caring for.

### **Bridge To Work Program**

Support for Carers who want to return to work or study.

**For more information please contact:**

**KYLIE BAIRD**

**Assistant Manager**

**Tweed Valley Respite Service Inc.**

**Contact Us:  
P.O.Box 1411  
KINGSCLIFF**

**Phone: (02) 66 742 267**

**Fax: (02) 66 742 019**

**Email: [trespite@norex.com.au](mailto:trespite@norex.com.au)**