

Support options can include...

for groups, or one to one:

- In-home or out-of-home support including weekends & evenings
- Community Access
- Planned Day Outings
- Overnight Support at a Respite House
- School Holiday Outings
- Sibling Social Nights
- Annual Camps
- Annual Family Outings



Tweed Valley Respite Service Inc. is a non-profit community based organisation operating in the Tweed Shire since 1987.

TVRS provides support to people with a disability aged 0 – 65 years and their families/carers.

Interpreter service

131 450

Advocacy contact

1800 657 961

Disability and Aged Information Service

1800 800 340

Commonwealth Carer Respite Centre

1800 059 059

Contact Us:

PO Box 51
MURWILLUMBAH NSW 2484

Phone: (02) 6672 0900

Fax: (02) 6672 5333

Email: admin@tvrs.org.au

Children's Services

Working with children and young people with a disability aged from birth to 17 years and their families / carers



Tweed Valley Respite Service Inc.

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PH : (02) 6672 0900



Human Services
Ageing, Disability & Home Care

Children's Services

What is Respite?

As a support to family wellbeing, respite offers 'time out' for carers and siblings of a young person with a disability.

Respite offers social and recreational opportunities for the young person's enjoyment and quality of life.

Children's Services provide respite options that can include:

- In-Home Support
- Overnight Support at Respite House
- Community Access
- Sibling Social Nights
- Annual Client and Sibling Camps
- Carer Support Night
- Annual Family Outings such as the Twin Towns Fireworks display & 'Circus Quirkus' spectacular

Children's Services Respite Program:

Allocates, to a number of families, an amount annually to spend within the service for their respite needs. TVRS understands that families prefer to plan their respite breaks and so therefore allocate monies to families giving them freedom and flexibility in the service they receive.

Services can be extended by grouping clients for excursions or overnight events thereby making them more cost effective.

Sibling Social Group:

TVRS acknowledge that sometimes siblings can feel 'left out' - so we offer a monthly social group. Siblings of young people with a disability, can enjoy social activities and excursions.

The group meets on the first Saturday of the month from 10am - 3pm.

Programs run from February to November and include: outings to the movies, ten-pin bowling, indoor rock climbing, timezone, swimming and putt putt golf.

Children will bring their own lunch and water. A cost of \$5.00 per child.

Annual Camps

Annual client camps and sibling camps are held over the Christmas school holiday period. These camps are usually run over three (3) days and have previously been held at Tallebudgera Recreation Camp and Lake Ainsworth, Lennox Head.

The Carer Support Night

Is a monthly Thursday night meeting (6pm-8pm), where parents and carers have the opportunity to socialise and enjoy a meal.

Later the group can listen to a guest speaker or focus on issues important to them, such as:

- supported accommodation;
- career opportunities;
- education plans; and access to services.

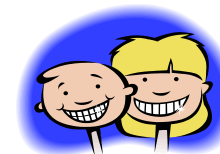
TVRS will provide in-home or centre based group respite for children with a disability so that carers can attend the support group through CCRC.

FOR MORE INFORMATION ON ANY OF THESE PROGRAMS

PLEASE CONTACT:

**Jen McLellan
Di Laycock
Stewart Bark**

Team Leaders



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