

Disability Services

TVRS Disability Services provides support to people aged 0 – 65 years and their families through the following programs:

- Community Participation Program
 - Centre Based
 - Individual Community Based
- Tweed Access Program (TAP)
- Active Ageing & Life Choices
- Stronger Together Day Programs
- Children's Services
 - Planned respite
 - Holiday supports
 - Sibling programs
- Your Choice Respite Options
- Children's Respite House
- Senior Carer Programs
- Brokerage Service
- Social Support Program



Tweed Valley Respite Service Inc is a non-profit community based organisation operating in the Tweed Shire since 1987.

TVRS provides support to people with a disability aged 0 – 65 years and their families/carers.

**Interpreter service
131 450**

**Advocacy contact
1800 657 961**

**Disability and Aged
Information Service
1800 800 340**

**Commonwealth Carer
Respite Centre
1800 052 222**

**Contact us:
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Tweed Valley Respite Service Inc.

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Human Services
Ageing, Disability & Home Care

Community Participation Program

Providing opportunities & skill development to young people who have completed Year 12 as they move into adult & community life



Ph: (02) 6672 0900

Community Participation Program

What is the Community Participation Program (CPP)?

The Community participation Program (CPP) supports a young person to transition from secondary school to living and participating in their community. CPP works with the young person and their family to look at abilities and needs in areas such as independent living, social & recreational skills, educational development, vocational development, health, wellbeing and communication.

An Individual Plan is developed. Group and individual activities are designed to assist the young person to make the most of their abilities, to meet goals in areas needing further development and to achieve a valued role in their community. The Plan can be varied as goals are met and as the aspirations and needs of the young person change.

The program is funded through the Dept of Ageing, Disability and Home Care (ADHC) and is put into place in the Tweed Shire community by Tweed Valley Respite Service Inc.



How many days of service will we get?

The TVRS CPP program will provide one to one support and group activities for participants. Hours and days of service will be dependent on the ADHC assessment process and the funding band assigned to your young person, along with the choice of program decided by you.

What programs are available ?

TVRS are registered to provide two CPP program types, these are :

- **Centre Based** - focuses on group activities provided from a centre and outreaches into the community. Most programs are in a group setting with additional 1:1 support
- **Individual Community Based Options** – individually tailored program focussing on supporting the young persons individual aspirations through accessing the mainstream community as much as possible. Small group programs and more 1:1 supports.

What will my young person do in the CPP program?

Both programs involve developing an Individual Plan of identified goals to focus on throughout the program.

These goals fall into the following 8 categories:

- *Independent Living Skills* – cooking, budgeting, travel training etc.
- *Social & Recreational* – activities & outings in groups, accessing mainstream sporting/social clubs etc.

- *Educational Skills Development* – accessing education/vocation programs e.g TAFE & ACE, limited individual tutoring
- *Health & Wellbeing* – gym, yoga, tenpin bowling, healthy living courses etc.
- *Personal Development* – accessing specific programs within community such as Family Planning, assertiveness training, healthy relationships and participating in community theatre projects etc.
- *Communication* – signing, pictorial computer programs, communication books etc.
- *Other* – as determined through Individual Plan

FOR MORE INFORMATION PLEASE

CONTACT:

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Team Leader CPP / TAP

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