

Volunteer Services

I thought someone should
do something, then I
realised that I was
someone+
John F Kennedy

Volunteers form an integral part of TVRS and are welcomed into the following programs:

- Social Support Program
- Aged Care Cottage/day centre
- Aged Care Cottage/kitchen
- Aged Care Cottage/garden
- Aged & Disability social outings
- Disability day support programs
- Kids holidays, school vacation programs
- Carer programs
- Children's Respite House

**Interpreter service
131 450**

**Advocacy contact
1800 657 961**

**Disability and Aged
Information Service
1800 800 340**

**Commonwealth Carer
Respite Centre
1800 052 222**

**Postal Address:
PO Box 51
Murwillumbah NSW 2484**

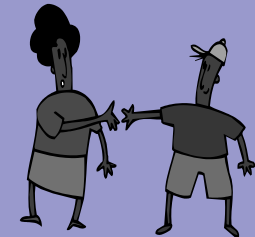
**Phone: (02) 6674 2267
Fax: (02) 6674 2019
Email:
stephaniemckittrick@tvrs.org.au**

Tweed Valley Respite Service Inc.

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Ph: (02) 6674 2267

Volunteer Services



**Discover the many benefits of
volunteering in your community**

Volunteer Services

Tweed Valley Respite Service Inc. (TVRS) is a non-profit community based organisation which has been providing support to people with disability, people with dementia and the carers of both of these groups.

TVRS Volunteer Service matches volunteers with many and varied programs offered across the service.

TVRS volunteers are given regular support & supervision and are offered training across all programs.

Any expenses incurred by volunteers are reimbursed by TVRS Inc.

Volunteering Opportunities

What can TVRS Volunteers do ?

- **Group Assistant – Aged Care**
Volunteer as part of a team to provide additional support to frail aged people and people experiencing dementia in the centre & the wider community.
- **Group Assistant – Disability Services**
Volunteer as a part of a team to enrich & provide support to people with a disability in a group environment. This could be at the centre, in the community or on a holiday.
- **Grounds Person – Gardener**
The award winning Kingscliff Cottage gardens are always in need of an extra pair of hands to help maintain its beauty.
- **Kitchen Support – Cook**
Each weekday a home-cooked meal is provided to the aged-care clients at the Cottage. Extra help is always welcomed.
- **Social Support – Aged & Disability**
Assistance & support in doing the everyday tasks that make living at home easier, safer and keeps people in their own homes longer!
- **Children’s Respite House**

- **Carer Programs**

Helping to care for carers in many different settings including outings & creative activities

“I have so many happy memories while volunteering with TVRS... I always get a laugh”

volunteer quote

“Having someone visit me once a week is better than winning lotto”

client quote

“Volunteers make a difference”

**You too can be involved...
to find out how**

Contact:

Stephanie McKittrick
Team Leader Volunteer Services

Tweed Valley Respite Service Inc.

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